

JULY 2023

# CENTURION COUNTRY CLUB JULY NEWSLETTER



# FROM OUR GENERAL MANAGER

Gavin Woodroffe

## Dear Members and Residents,

It is incredible to be halfway through the year, and with the snow falling the heart of winter has arrived.

As predicted winter is a little quieter, but this allows us to get projects done in preparation for the upcoming summer.

The kitchen project is well underway with very few challenges with the construction, which is always welcome for any job of this level. Once completed the kitchen will have a larger area to effectively manage the operation, with both restaurant and banqueting. In addition, we will have increased and improved storage facilities, laundry, and a staff canteen. The completion of the project is expected in the middle of August 2023.

In conjunction with the kitchen project, the F&B team are currently working on a summer offering with exciting new menu items, beverages, look and feel.

The deck area alongside the play area has had its cover put up, which has already made a great improvement to the area. The next phase is the furniture which we are very excited about and we believe this will transform this area, just in time for summer.



SHADED PATIO  
CENTURION COUNTRY CLUB

At the AGM I referred to the quality of water in our irrigation dam, and the work that has been done has improved the quality. The next phase is to install the water fountains, which are envisioned to improve the oxygen levels, with the added benefit of improving the aesthetics, both in the day and in the evening with the LED lights. The six fountains will be installed by the middle of July.

Behind the 6th green and alongside the bridge, we have had a considerable amount of erosion, and so therefore we have decided to stabilize the area with gabions. This project is critical to be done in the winter when the river is at its lowest, as it takes about two months to complete. The 4th hole in particular, the back tee box will be going through renovation, in terms of being lowered, as well as in addition the new trees being planted for the protection of golfers and homeowners.

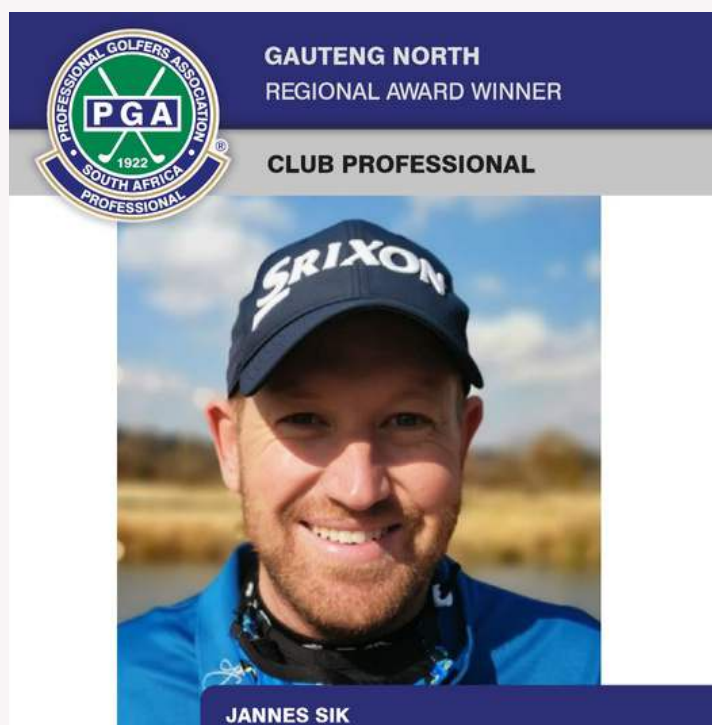
The driving range will also have trees added to add aesthetics and protection for homeowners surrounding the range. On the driving range you will see the addition of signage, and these not only confirm the daily distances, but highlight the maximum distance that each golfer is permitted to hit their golf ball, and we thank everyone for adhering to the rules. This project will commence on Monday the 17th of July 2023.

We are very pleased to announce we have been selected to be the host of the Junior IPT 2023, which is to be played from the 17th – 22nd of December 2023. This event brings the country's best junior golfers from each Province, and one we are very excited to host. During the tournament, the golf course will be closed for play. As we get near the event we will communicate additional details.



## PGA Regional Award Winners

Three of our club PGA Professionals have won regional awards. I would like to take this opportunity to congratulate our PGA members Kyle Phelan, Marna Coetzee and Jannes Sik. Keep up the excellent work and we are extremely proud of you all!



# FROM OUR HEAD PROFESSIONAL

Jannes Sik

## Winning with the US Open

15 - 18 July the 123rd US Open was played at the Los Angeles Country Club. Winning his first Major was the rather unknown Wyndham Clark, playing steady golf the final round and shooting level par on the day, and ending up on a total of 10 under par.

Centurion CC also had their fair share of winners over this weekend. Morne Oosthuizen from PSG Wealth PTA East hosted the first leg of the Better Ball Challenge series. Congratulations to Udo Winterstein and TJ Gouws scoring an unbelievable 50pts on the day and in doing so, qualifying for the finals.



## US Open Pro Shop Draw

Thanks to all the members and guests who entered the Pro Shop Major Draw. The lucky winners taking home the prizes were.

- Wyndham Clark (Kerry-Ann Murgatroyd)  
Winning R3 800 Pro Shop Voucher
- Rory McIlroy (Martin Coetser)  
Winning R2 280 Pro Shop Voucher
- Scottie Scheffler (Gerhard Lessing)  
Winning R1 520 Pro Shop Voucher



Leading up to the US Open, the Pro Shop ran a raffle to win a limited-edition Srixon Tour stand bag. Thank you to all the members and guests who took part in this. The draw took place during the prize-giving of the Captains Challenge. Congratulations to Stefan van de Giessen who was the lucky winner!





## Mondanette Captains Challenge

Saturday 24 June, we hosted the monthly Mondanette Captains Challenge. This month's Captains Challenge marked the first Captains Challenge of winter taking place in the afternoon. The early morning mist caused havoc, with the morning field being delayed by 1h30 and the afternoon field start being delayed as well. This did not stop our members coming out to support this fantastic event. Congratulations to the winners. Johan van Niekerk, Udo Winterstein, TJ Gouws and Rodger Kneidel scoring a fabulous 90 pts on the day.



## Centurion PGA Pro-Am

Monday 26 June, our team of PGA Professionals hosted the Centurion CC PGA Pro-Am sponsored by Munsoft. We all were very proud to be part of Centurion CC on the day as the golf course was presented in excellent condition. A massive shout out must go towards our greenkeeper, Carel, and his team for doing an excellent job!

Did you know Centurion CC have six PGA Professionals

- Gavin Woodroffe (General Manager)
- Jannes Sik (Head Professional)
- Kyle Phelan (Teaching Professional)
- Marna Coetzee (Teaching Professional)
- Dwayne Coetzee (Pro Shop Manager)
- Carmia van Wyk (Events and Membership Manager)



## FROM OUR F&B MANAGER

Allen Pfister

July has kicked off with a bang. Our very first wine festival was held on 1 July and a great time was had by all. Our wine reps have indicated that it was a huge success from their side and are looking forward to next one. Thank you to everyone who supported this event to help us make it a great day.

Winter has really hit home with a severe cold front in our area, and we should all spare a thought for those less fortunate. Our ladies golf committee is working with the clubhouse team on planning the annual ladies charity day. A potjie competition will be hosted again this year on 9 August with live entertainment to create a warm atmosphere for all in attendance.

We are requesting that you open your hearts and donate any unused items for those less fortunate. Any contribution will be welcomed.

The kitchen refurbishment project is now in full swing with everything taking shape and the build being on track to be completed early in August. The kitchen space has been affected and we apologise for any inconvenience caused during this disruptive period. The F&B team have established a project team to plan and introduce our new menu to coincide with the opening of the new cooking space.

Our weekday specials for the month of June have proved to be extremely popular and will continue until the end of August. These include Monday Burger BOGO by any burger and receive a second identical burger free (available on all our burgers), Tuesday pizza specials (Buy 2 pizzas and get the cheapest one free. Applicable to the entire range of pizzas), Thursday curry buffet for R165 per person which includes snacks with 4 different curries and accompaniments.

The rugby test season is in full swing now and the clubhouse will be screening the Springbok games on the big screen within the Clubhouse operational times. Various food and drink specials will be available.

Remember that if load shedding has you down, we have free Wi-Fi and hot coffee to help you get on with your day.

# FROM OUR GREENKEEPER

Carel Buitendach

Levelling sprinklers on fairways and rough at the 1st, 6th, 7th, and 16th.

After all the river damages we had in the past few months I've realised immediately that the sprinklers at the above-mentioned holes need attention. It needs to be lifted higher and levelled with the surface.

The reason why sprinklers were so low, was because of the silt piling up after each flood we had in the last two to three years. With the sprinkler levels not on standard it caused sprinklers to miss areas on the fairways and rough and not working properly. So, I had to do something immediately to improve our watering coverage on the grass and helping with less breakdowns.

We decided to start rising these sprinklers during the winter months of 2023.



The process of raising low sprinkler heads on fairways and rough is straight forward in theory.

We began by removing the turf surrounding the sprinkler to expose the underlying soil. Using smaller trenching shovels, we dig all around the sprinkler to expose the entire sprinkler and "swing joint" which in most cases are of total plastic design.

These two facets form the vertical portion and the connection to the deeper water lines running horizontally under the fairways or rough. These swing joints are designed to be able to move a few inches up or down to adjust exact depth. Once enough of the swing joint is exposed, we can simply lift the sprinkler up to the appropriate height.

Using a piece of 2" x 4" wood to ensure the top of the sprinkler sits even with surface level, we pack the soil from the hole around the sprinkler. Adding a few inches of soil at a time and tamping to compact provides a firm base underneath the sprinkler to make sure it does not sink to its' original grade.



Once all the soil is compacted back around the sprinkler, the turf that was first removed is put back into place and lightly tamped to level. The squares where the turf was cut will be visible for a few weeks as they heal back together slowly.



# PHELAN GOLF ACADEMY

Kyle Phelan, Marna Coetzee & Donald Makhafola

In this month's article we will be continuing with our basics check and focusing on stance.

A golfer's stance is one of the most overlooked golf basic but it is imperative that your stance compliments your individual golf swing and the type of shot you wish to execute. How wide or narrow you stand can have a great effect on your ball striking, overall balance and athleticism of your dynamic motion. Generally we want our feet to be as wide as our shoulders, this is the baseline of having a solid foundation that will improve your clubhead speed, golf swing pressure shift from one foot to another and maintain balance throughout the golf swing.

For shorter shots, because we aren't trying to generate much clubhead speed but we are instead trying to have a controlled golf swing to help us hit the ball a certain distance, it is advisable to have a slightly narrower stance. Standing too wide can also cause restrictions in our hip range of motion.

Older golfers would benefit from having their toes slightly flared out to assist them with a better hip rotation and range of motion as their hips have gathered mileage and general wear and tear over the years.

Younger golfers with too much mobility will benefit from having their trail foot slightly "toed-in" to somewhat restrict their turn in the backswing. I do however advocate for always having your front foot "toed-out" as this assist us in hitting through the ball and finishing in balance over our front foot at the completion of the golf swing.

Here's a drill you can use to find your natural stance width:

- Walk a few steps forward like you normally do.
- As you step forward and ground your front foot, stop and rotate both feet 90 degrees to the right.
- Without moving your feet, get into your golf posture and now you have your own perfect stance width.

This drill works perfectly because as we walk, it is our brain's priority to make sure we don't fall over. Your brain tells your body exactly how far you should stride to maintain your individual balance. This is the same balance you will need to swing efficiently and in balance.

Should you have any questions or need a demonstration of the stance drill, it would be a pleasure to assist you at the Phelan Golf Academy.





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## WHAT'S HAPPENING JULY / AUGUST

### July:

- 15 - 16: Veteran & Junior Club Champs
- 17: Course Closed
- 22: The Open Championship
- 25: Christmas in July Dinner
- 28: Spin & Win
- 29: Captains Challenge sponsored by Mondanette

### August:

- 06: Quarrelsome Cup
- 09: National Women's Day
- 12: PSG PTA-East Monthly Betterball Challenge
- 16: Corporate Challenge
- 19: Presidents Trophy
- 21: Course Closed
- 26: Captains Challenge sponsored by Mondanette
- 27: The Ultimate Clash



**THE OPEN**

**CHAMPIONSHIP**

Winner to receive  
**CLARET JUG** as  
floating trophy!

Format: Individual Stableford  
Competition fee: R130  
Includes: 4 Ball snacks after round  
& great prizes up for grabs!

Normal Saturday booking procedures apply.

**Saturday**  
22 July 23

012 665 9602



**MIXED  
QUARRELSOME  
CUP**

Comp fee  
**R130**

**Sunday, 06 August 2023**

**Tee times: Morning field**

Format: 4 ball alliance 2 scores to count	Prizegiving on the patio at 13h00
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**Book with the Pro Shop on 012 665 9602**





**09 AUGUST 2023**

# NATIONAL WOMEN'S DAY

AS PART OF OUR CHARITY WE ASK THAT YOU SUPPORT BY DONATING ANY UNWANTED ITEMS THAT CAN BENEFIT THOSE IN NEED.  
A BOX WILL BE SITUATED AT THE PRO SHOP.

**POTJIE KOS COMPETITION**

Where: At the Clubhouse.  
Cash bar available - No outside alcohol.  
Cost: R100 per person per plate.  
Starch and salads will be sponsored by the club.

Potjie competition rules:  
All residents are welcome.  
Time: 12h00 onwards.  
Potjies to be ready at 17h30.  
What to bring: Your potjie pot, secret ingredients and your best cooking skills.  
Coals will be provided or bring your gas bottle.  
No cooking at home first.  
**PRIZES UP FOR GRABS!**  
Potjie bookings:  
carmia@centurioncountryclub.co.za

**COMPETITION FEE R270**


- ✓ Comp fee incl: HWH voucher and prizes
- ✓ Visitors green fee: R210
- ✓ Format: Mystery 4 ball alliance
- ✓ Hcp allowance: No allowance. Current hcp
- ✓ Tee times: Morning and afternoon field

**BOOK WITH THE PRO SHOP**  
012 665 9602

**LIVE MUSIC FROM 12H00**

Saturday, 12 Aug




# PSG PTA-EAST MONTHLY BETTERBALL CHALLENGE


Upcoming Dates:  
19 Sep & 14 Oct  
Finals: 11 November  
Great prizes up for grabs!

**MONTHLY BETTERBALL WINNING TEAM WILL QUALIFY FOR THE ULTIMATE FINALS!**



**COMPETITION PROUDLY SPONSORED BY PSG PTA-EAST PARTNERED BY MORNE OOSTHUIZEN**

**Normal Saturday booking procedures apply.  
Only CCC members can qualify.**

 **PSG Wealth**  
Pretoria East



T's & C's apply

# PRESIDENTS TROPHY

**SATURDAY, 19 AUGUST 2023**

**Competition format Combined Stableford** | **Competition fee R130**

*Includes a meal after your round and great prizes!*

**BOOKINGS: 012 665 9602**

*Normal Saturday booking procedures apply*



# THE ULTIMATE CLASH

**ABIE GRUNDLINGH** **BOET VAN STADEN**

**CLUB CAPTAINS TEAM VS CLUB PRESIDENTS TEAM**

**RYDER CUP STYLE**  
**SUNDAY, 27 AUGUST 2023**

**EACH TEAM CONSISTS OF 24 PLAYERS** | **R1000 PER PLAYER** | **CAPTAINS TEAM: RED PRESIDENTS TEAM: BLUE**



JULY 2023




# CHRISTMAS

## IN JULY

# Dinner

ADULTS - R320  
KIDS U/12 - R160

**LIVE MUSIC - GREAT FOOD**

 **25 July 2023**  
18:00

 **at Centurion Country Club Restaurant**

BOOKINGS:  
FUNCTIONS@CENTURIONCOUNTRYCLUB.CO.ZA OR  
012 665 9609

# CHRISTMAS

## IN JULY

# Dinner Menu

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**Starters**  
Cheese and Corn Samosas  
Vegetable Spring Rolls  
Assorted Sushi

**Main Course**  
Mustard Crusted Sirloin served with Yorkshire pudding and a Chipolata gravy  
Honey Glazed Roast Gammon  
Rolled turkey with Cranberry sauce and a Herb stuffing  
Roast Potatoes  
Savoury Rice  
Creamed Spinach  
Roasted Butternut

**Book Now**

**Salad**  
Medley of salad  
Potato salad  
Pineapple Cucumber and Jalapeño Salad  
Dressings  
Assorted bread rolls with Butter

**Dessert**  
Malva Pudding and Custard Trifle  
Apple crumble  
Lemon Meringue




# Monday

# BURGER

## BOGO Special

Buy any burger and receive a second identical burger FREE!

BBQ beef burger	R106
Cheese burger	R113
Bacon and cheese burger	R146
Naked burger (no bun)	R110
Chilli burger	R100
Avocado and bacon beef burger	R135
Chicken and cheese burger with avocado and sweet chilli	R115
Piccalilli beef burger	R115
Goats cheese, honey, and bacon beef burger	R130
Fish burger with horseradish tartare	R125
Vegan burger (Vegetable burger, tomato, avocado and date chutney)	R80

 **Bookings: 064 736 5533**

T's & C's Apply  
Sit downs only, No take aways




# Tuesday

# PIZZA

## Special

Buy any 2 and get the cheapest 1 FREE!

PLAIN JANE Garlic and herb	R47	
BIG CHEESE Mozzarella, cheddar, feta and caramelized onions	R75	
MARGARITA Tomato, mozzarella and oregano	R73	EXECUTIVE Mushrooms, bacon, ham, feta and avocado(s) R135
MILANO Bacon and avocado	R98	CARNIVORE Ham, salami, bolognese and bacon R160
REGINA Ham and mushrooms	R109	SPECIALE Ham, salami, mushrooms, green pepper and onion R140
HAWAIIAN Ham and pineapple	R114	CENTURION CLASSIQUE Chicken, bacon, mushrooms, feta, green pepper, onion and chilli R130
VEGETARIAN Mushrooms, olives, artichokes and garlic	R98	MEXICANA Bolognese, green pepper, onion and chilli R111
BBQ CHICKEN Chicken, green pepper and caramelized onions	R95	SAUCY CHICKEN AND BACON Traditional base with spicy chicken, sweet chilli mayo, bacon and ham R140
SUPREME Salami, garlic, chilli and feta	R105	THE BIG BOSS Onion, chicken, sweet chilli, feta and avocado R106
QUATTRO Ham, olives, mushrooms and artichokes	R110	SICILIANO Anchovies, capers, olives, garlic and chilli R98
CHICKEN MAYO Chicken Mayo, bacon and red pepper	R116	DAIRY FREE MOZZARELLA GLUTEN FREE PIZZA BASE R45

 **Bookings: 064 736 5533**

T's & C's Apply  
Sit downs only, No take aways



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## CORPORATE MEMBERS



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THANK YOU FOR YOUR VALUED BUSINESS